# Towards Reducing Percentage of Surgical Site Infection (SSI) in Orthopedic Department Hospital Sultanah Nur Zahirah





## **Group Members**



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# **Problem Identification**



High number of incidence of surgical site infection



High number of amputation rate due to infection



Increase number of incidence of tight POP



Higher incidence of inappropriate documentation in HIS



Wrong documentation in consent form for surgical procedure

# **Problem Prioritisation**

No.	. Opportunities For Improvement	S
1.	High number of incidence of surgical site infection	15
2.	High number of amputation rate due to infection	15
3.	Increase number of incidence of tight POP	10
4.	Higher incidence of inappropriate documentation in HIS	15
5.	Wrong documentation in consent form for surgical procedure	15
	SCALE: 1 = Low 2 = Moderate 3 = High	
Nom	inal Group Technique: Voting performed by 5 group members	



Μ	Α	R	т	Total
15	15	10	15	70
15	15	5	10	60
15	15	15	10	65
5	5	5	10	40
10	10	10	10	55

# **Reasons For Selection**

### ERIOUSNESS

Almost 3% incidence of surgical site infection documented in Orthopedic **Department, HSNZ** which is **higher** than accepted International standard

- Increase medication cost
- Long hospital stay
- Increase morbidity
- Economic burden



Average cost per patient with SSI: RM 1,995.00

### Increase SSI incidence may lead to:



# **Reasons For Selection**



The number of incidence of SSI is **retrievable** from our computerised system of **HIS** & **OT record** 



High incidence of SSI can be reduced through knowledge empowerment and thorough compliance of SOP

## PPROPRIATENESS

# This study is **in line with** international policy and WHO guidelines

### IMELINESS

The remedial measures are **able to be completed** within study duration

# **Refined Topic**

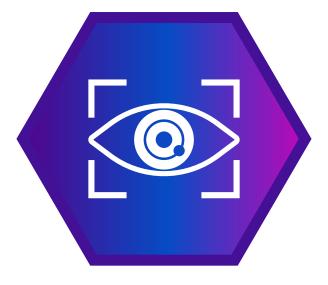
### **Selected Problem**

High incidence of surgical site infection in Orthopedic Department, Hospital Sultanah Nur Zahirah

Towards reducing the percentage of surgical site infection in Orthopedic Department, Hospital Sultanah Nur Zahirah

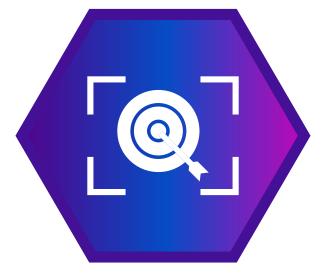


## **Refined Topic**



# Definition of Surgical Site Infection (SSI)

SSI is defined as an infection that occurs up to 30 days after surgery or up to 1 year after surgery in patient receiving implants.



## Impact of SSI

SSI cause increased morbidity, mortality, extended hospital in-patient stays, and economic burden to the hospital resources

# Introduction

It is estimated that annual incidence of SSI in the United States is 1.07%; with 8000 deaths directly related to SSI and a financial cost of treatment to \$10 billion

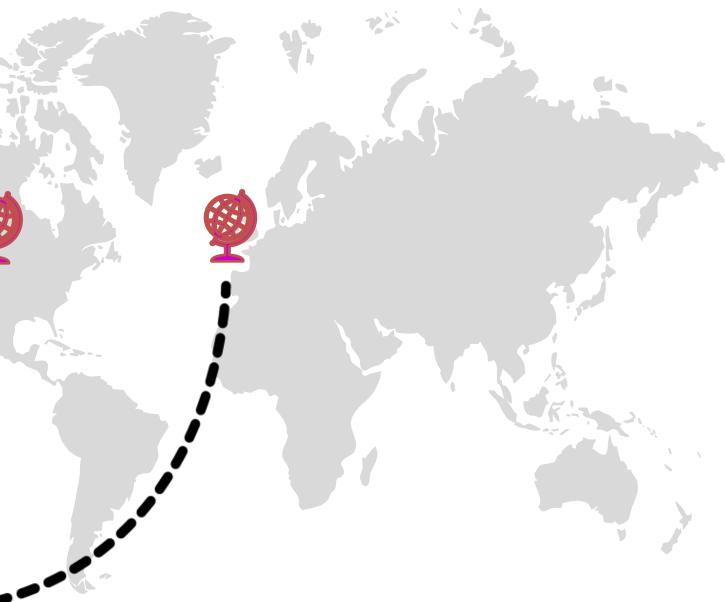
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In the United Kingdom, the length of the hospital stay increases between 5.8 and 17 extra days

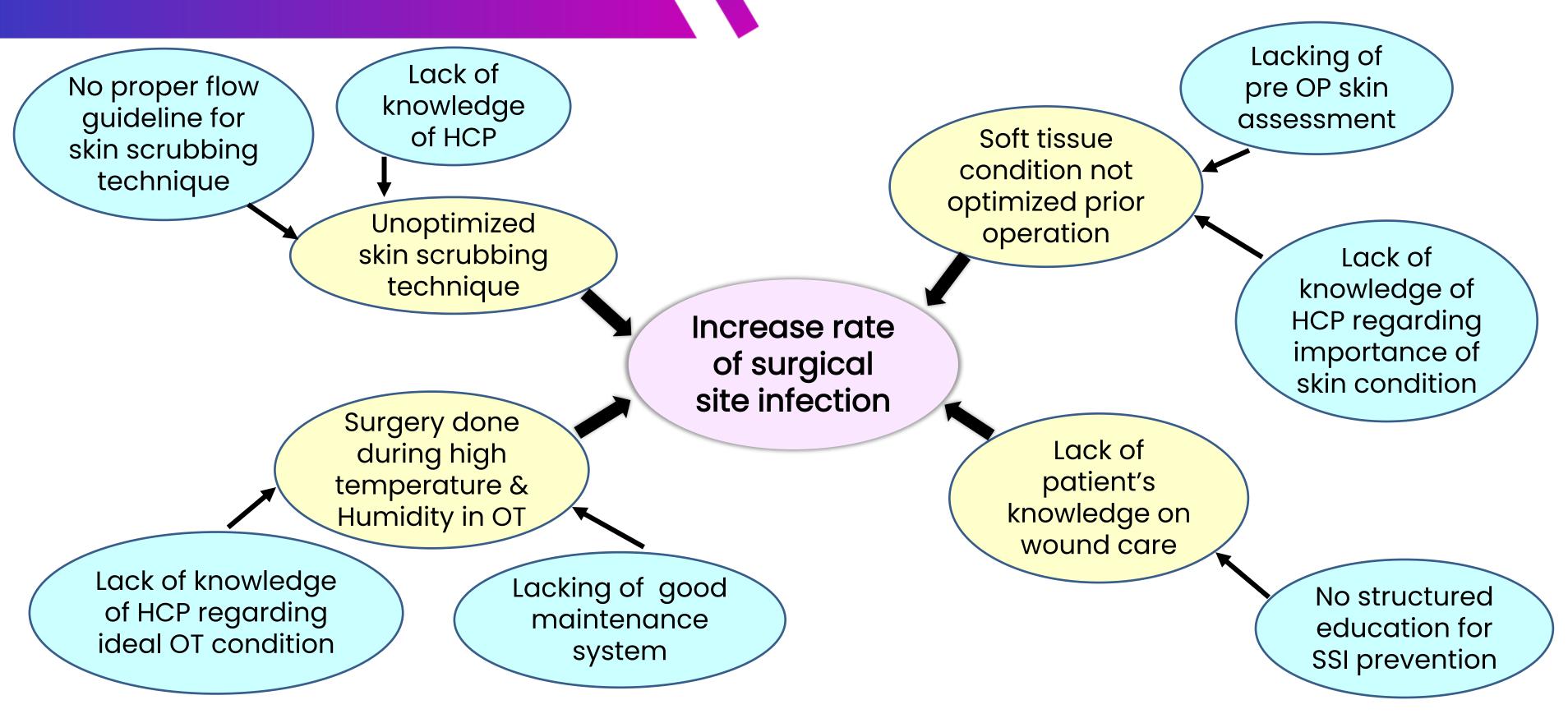
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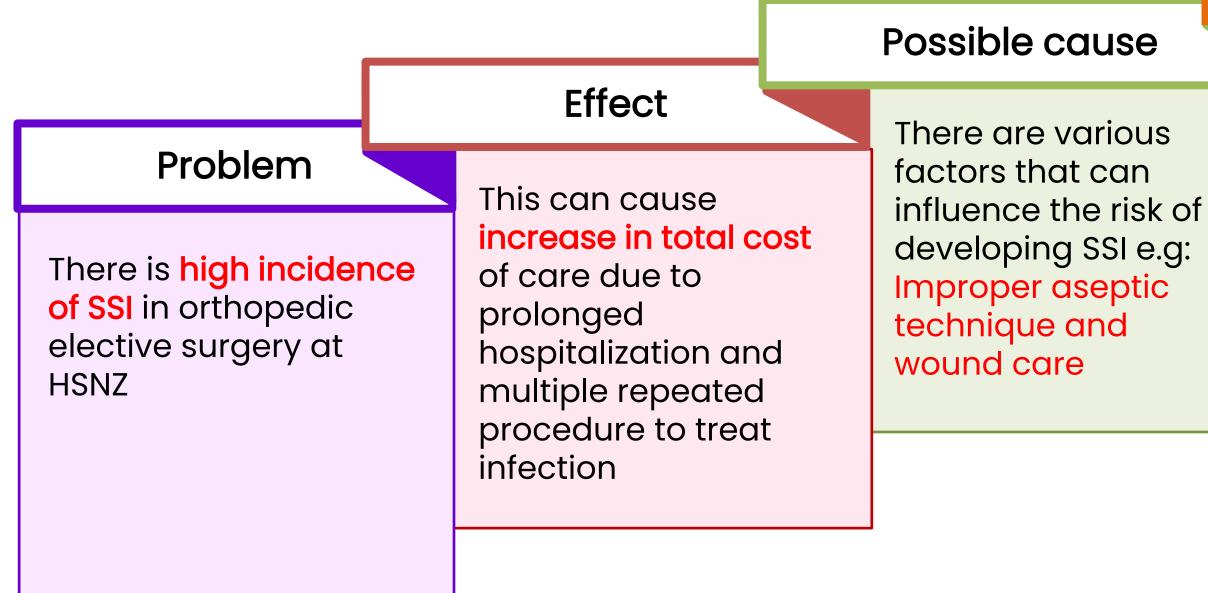
## **Literature Review:** Existence of the problem



# **Problem Analysis Chart**







## **Problem Statement**

### Aim of Study

Thus, this study is needed to reduce the incidence of SSI to <2% as per international standard level

# Gathering Information





### General

To reduce percentage of surgical site infection in orthopedic surgical procedure

## Specific

- 1. To determine the percentage of incidence surgical site infection in orthopedic elective surgery
- 2. To explore possible contributing factors that leads to increase rate of infection
- 3. To formulate strategies and implement appropriate remedial measures to decrease rate of infection
- 4. To re-evaluate the effectiveness of the remedial measures implemented

# **Objectives**

# Indicator, Criteria & Standard

### Percentage of surgical site infection

Number of case complicated with S

Total number of ELECTIVE surgery

### Criteria

Indicator

### Inclusion criteria

All patient who underwent elective orthopedic surgery

< 2%

- •

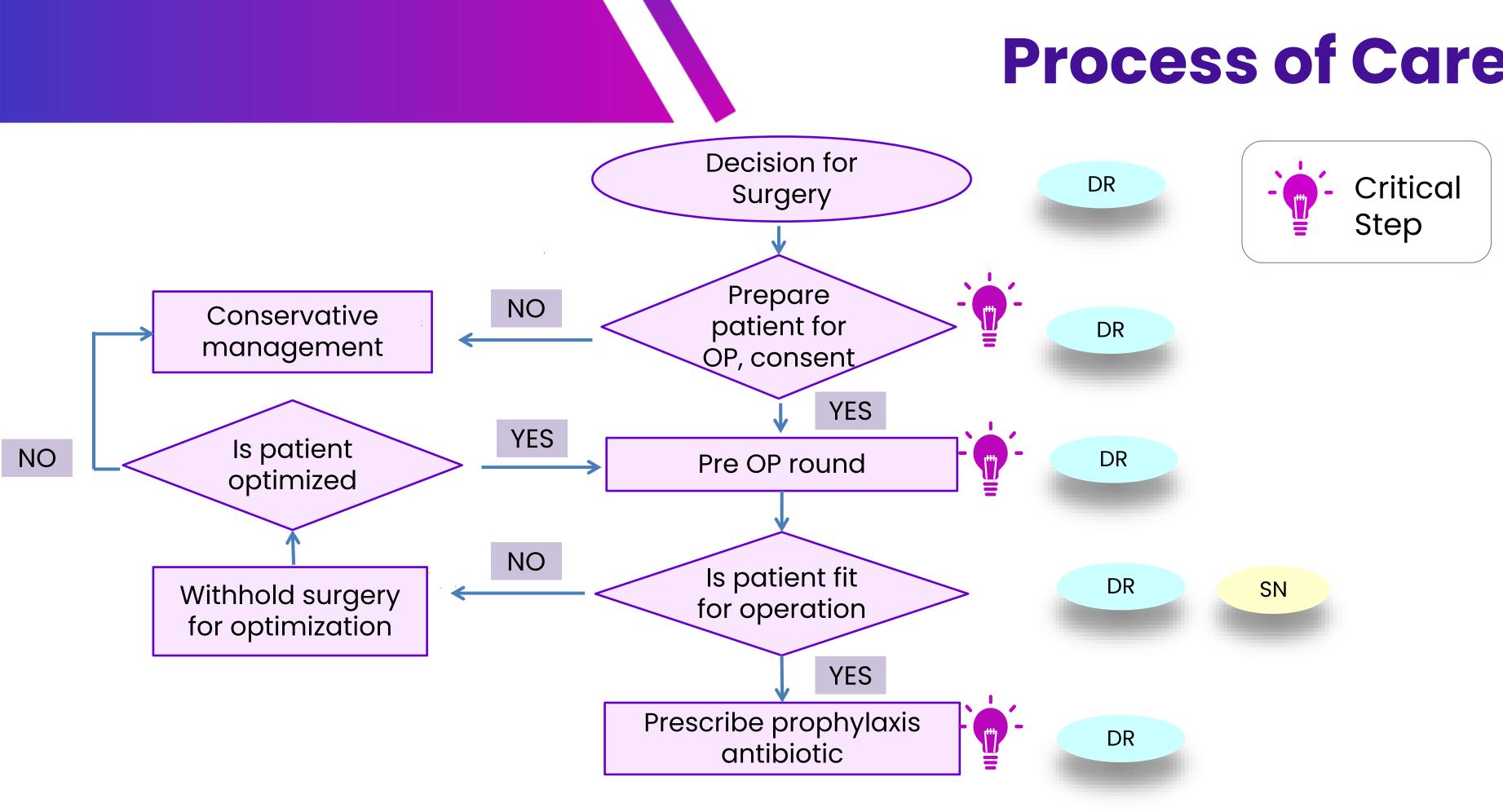
## Standard

Prevalence of Surgical Site Infection in Orthopedic Surgery: A 5-year Analysis, Int Surg. 2014 May-Jun; 99(3): 264-268.10.9738/INTSURG-D 13-00251.1

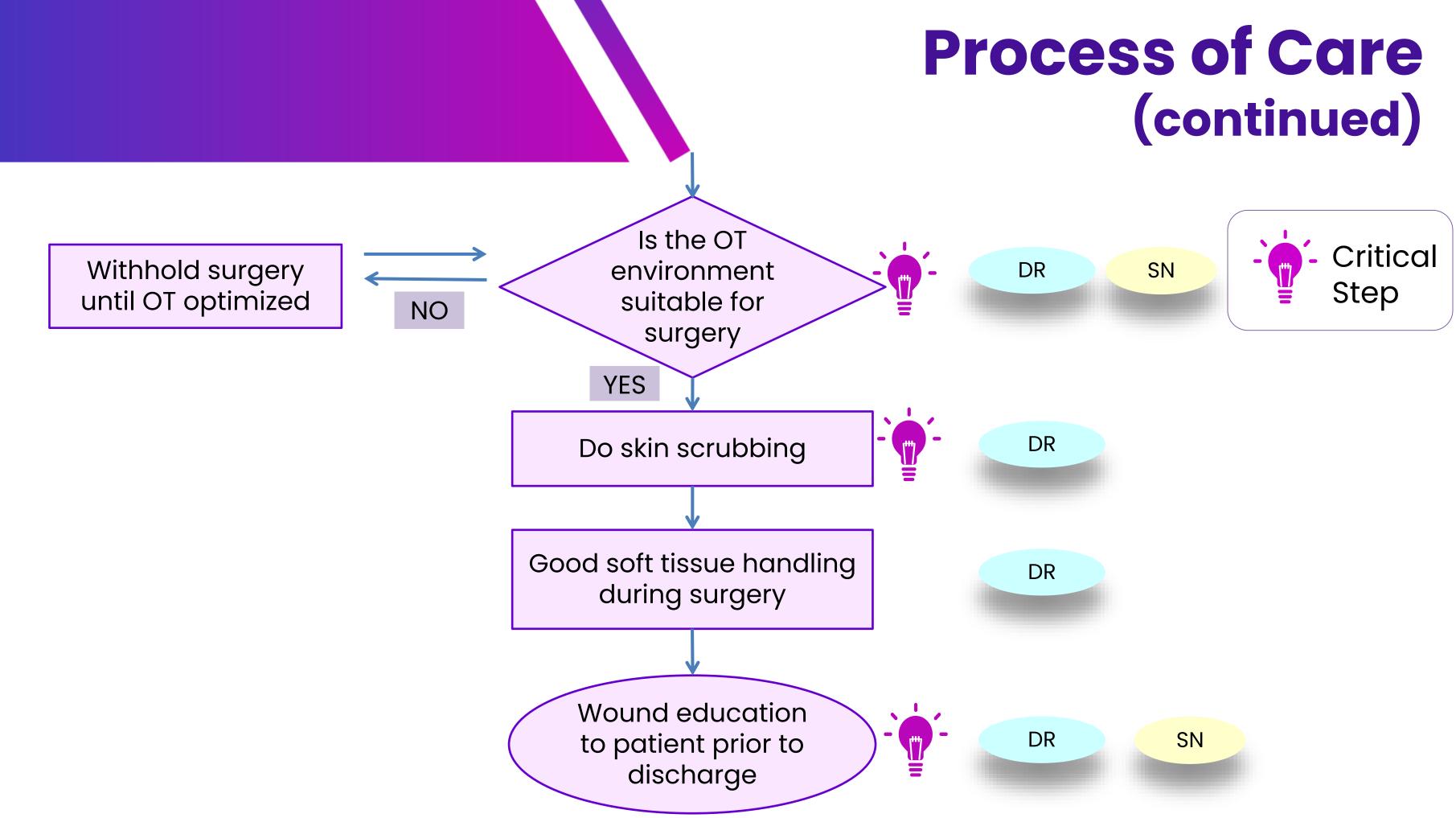
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### **Exclusion criteria**

 Trauma patient with open fracture Immunocompromised patient Patient with mental disability Patient with lost of follow-up



# **Process of Care**





No.	Process	Criteria	Standard
1	Prepare patient for operation	<ul> <li>All patients should be fit and optimized for surgery:</li> <li>General condition</li> <li>Blood results</li> <li>All patients must have written consent for surgery</li> </ul>	100%
2	Pre-op round	<ul> <li>Pre-op skin assessment must be done 12 hours prior surgery         <ul> <li>All patients on POP need to be bivalve</li> <li>Skin must be free from severe bruise, swelling or skin infection</li> </ul> </li> </ul>	100%
3	Prescribe prophylaxis antibiotics	<ul> <li>All patients must be prescribed with prophylaxis antibiotics according to antibiotic guidelines</li> </ul>	100%

# Model of Good Care



No.	Process	Criteria	Standard
4	Ensure normal operation theatre (OT) temperature and humidity	<ul> <li>All operation theatre should fulfill the following conditions:</li> <li>Temperature range: 18 - 22 degree Celsius</li> <li>Humidity range: 55 - 60%</li> </ul>	100%
5	Skin scrubbing	<ul> <li>All patients should have a standard similar skin scrubbing technique i.e. using chlorhexidine + povidone solution</li> </ul>	100%
6	Wound education to patient prior to discharge	<ul> <li>All patients will be given education flyers on wound care</li> </ul>	100%

# **Model of Good Care** (continued)

PHASE	PHASE 1: Problem Verification	PHASE 2: Determining Contributing Factors
Duration of Study	August 2020	August 2020 – September 2020
Variables need to be collected	<ul> <li>Percentage of SSI in Orthopedic Department, HSNZ;</li> <li>Number of patient with SSI</li> <li>Number of elective surgery</li> </ul>	<ol> <li>Knowledge on SSI among:         <ol> <li>Doctors</li> <li>Staff Nurses</li> <li>Patients</li> </ol> </li> <li>Number of patients receiving prophy antibiotics according to guideline</li> <li>Number of patients underwent pre-Oskin assessment done during pre-op round</li> <li>Number of patients with standard ski scrubbing prior operation</li> <li>Incidence of high OT Humidity &amp; Temperature</li> </ol>
Data collection tool	<ol> <li>Health Information System (HIS)</li> <li>'Buku Daftar Dewan Bedah'</li> </ol>	<ol> <li>Questionnaires</li> <li>Health Information System (HIS)</li> <li>'Buku Daftar Dewan Bedah'</li> <li>OT Book Record for humidity &amp; temper</li> </ol>
Sampling Technique		Convenience Samp
Method of Analysis	Data were analyzed quanti using Microsoft Excel	tatively and presented as frequencies and

# Methodology

PHASE 3: Post Remedial MeasuresApril 2022 – May 20221. Percentage of SSI in Orthopedic Department, HSNZ2. Knowledge on SSI among: 1. Doctors2. Staff Nurses 3. Patients3. Number of patients receiving prophylaxis antibiotics according to guideline4. Number of patients underwent pre-Op skin assessment done during pre-op round5. Number of patients with standard skin scrubbing prior operation6. Incidence of high OT Humidity & Temperature			
<ol> <li>Percentage of SSI in Orthopedic Department, HSNZ</li> <li>Knowledge on SSI among:         <ol> <li>Doctors</li> <li>Staff Nurses</li> <li>Patients</li> </ol> </li> <li>Number of patients receiving prophylaxis antibiotics according to guideline</li> <li>Number of patients underwent pre-Op skin assessment done during pre-op round</li> <li>Number of patients with standard skin scrubbing prior operation</li> <li>Incidence of high OT Humidity &amp;</li> </ol>			
<ul> <li>Department, HSNZ</li> <li>2. Knowledge on SSI among: <ol> <li>Doctors</li> <li>Doctors</li> <li>Staff Nurses</li> <li>Patients</li> </ol> </li> <li>3. Number of patients receiving prophylaxis antibiotics according to guideline</li> <li>4. Number of patients underwent pre-Op skin assessment done during pre-op round</li> <li>5. Number of patients with standard skin scrubbing prior operation</li> <li>6. Incidence of high OT Humidity &amp;</li> </ul>			April 2022 – May 2022
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			Temperature

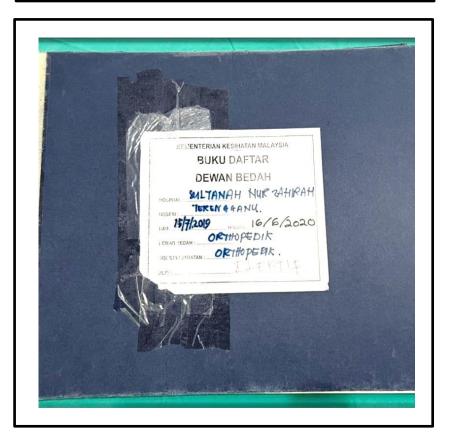
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nd percentages

# Sampling Tools

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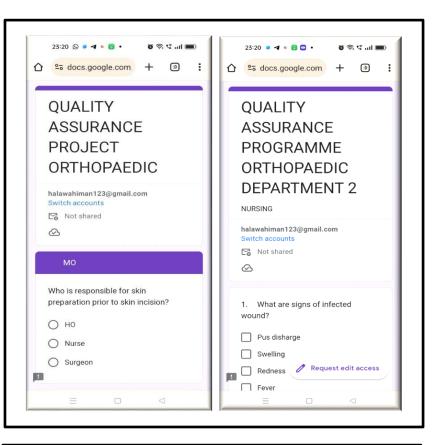
### Health Information System (HIS)

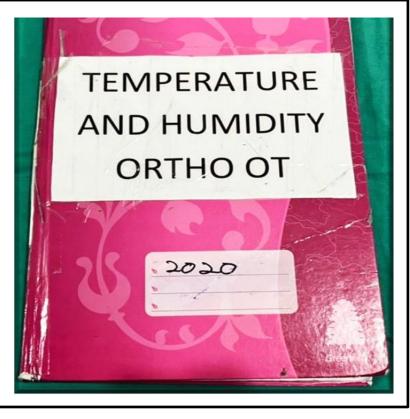
Electronic Medical Record (EMR) providing all the details about patient including daily progress notes, investigations and medications given. Used to gather information on:

- Incidence SSI
- Pre-operative round
- Documentation of skin scrubbing

### "Buku Daftar Dewan Bedah"

To provide primary data of all patients underwent elective surgeries in Orthopaedic Department at HSNZ Data include details of patient, diagnosis and surgery undertaken





### Knowledge Assessment Questionnaires

- Consists of set of questions targeting doctors, nurses and patients in different google forms.
- Questions on SSI were verified by orthopedic specialists. To assess:
  - Knowledge on perioperative issues and wound care among healthcare workers
  - Knowledge of wound care
     among patients

### Temperature & Humidity OT Book Record

Consists of data of temperature & humidity monitoring record in orthopedic OT. To provide information on high temperature & humidity incidence in OT.

# Plan for Data Collection

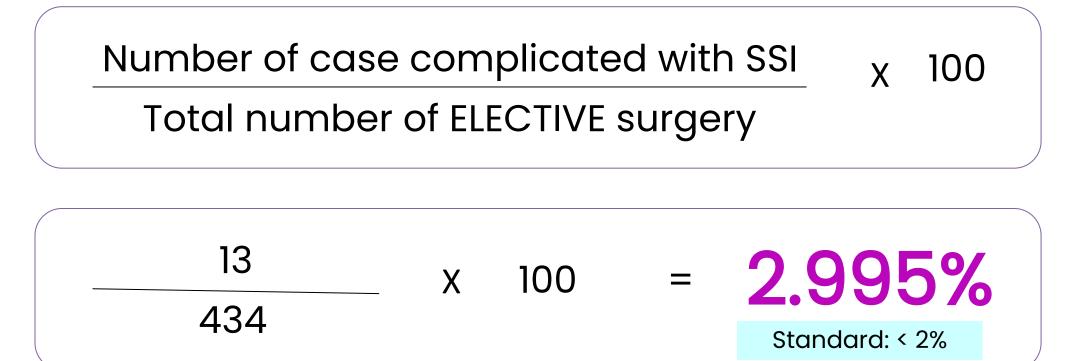
Factor	Variables	Source of Data	Method of collection	Sample unit	Sample size	standard
Doing pre-op skin assessment	<ol> <li>Number of patient done skin assessment during pre-op round</li> </ol>	1. HIS system	1. Review HIS	1. Orthopedic elective surgery	1. All patient underwent elective surgery	100% done
	2. Knowledge on importance skin assessment prior op	2. Questionnaire	2. Self administered	2. Orthopedic healthcare personnel	2. All orthopedic medical officer	100% understood
Doing standard skin scrubbing technique	<ol> <li>Number of patient received standard skin scrubbing</li> </ol>	1. HIS system	1. Review HIS	1. Orthopedic elective surgery	<ol> <li>All patient underwent elective surgery</li> </ol>	100% received
	2. Knowledge on standard skin scrubbing	2. Questionnaire	2. Self administered	2. Orthopedic healthcare personnel	2. All orthopedic medical officer	100% understood
Ideal OT condition during surgery	<ol> <li>Number of incidence high temperature &amp; humidity in OT</li> </ol>	<ol> <li>OT Book Record for temperature % humidity monitoring</li> </ol>	1. Review OT book record	1. Orthopedic elective surgery	1. All orthopedic elective surgery	1. 100% ideal condition
	2. Knowledge on ideal OT condition	2. Questionnaire	2. Self administered	2. Orthopedic healthcare personnel	2. All orthopedic medical officer	100% understood
Patient's knowledge on wound care	Knowledge on wound care	Questionnaire	Self administered	Patient in orthopedic ward underwent elective surgery	50 patients	100% understood

# Data Analysis

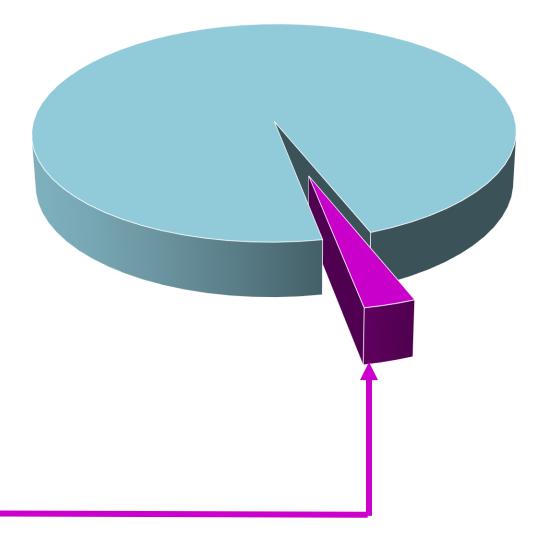




### Percentage of SSI cases in Orthopaedic Department HNSZ from January – June 2019

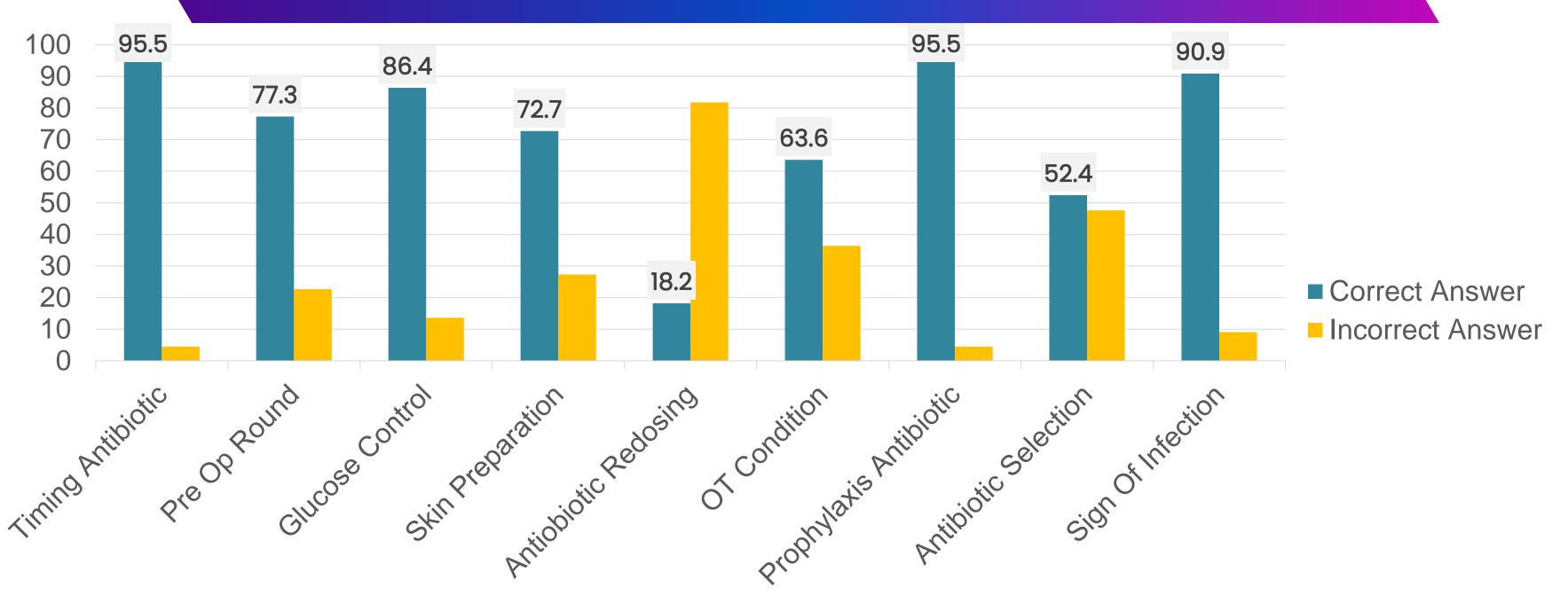


# **Data Analysis: Problem Verification**

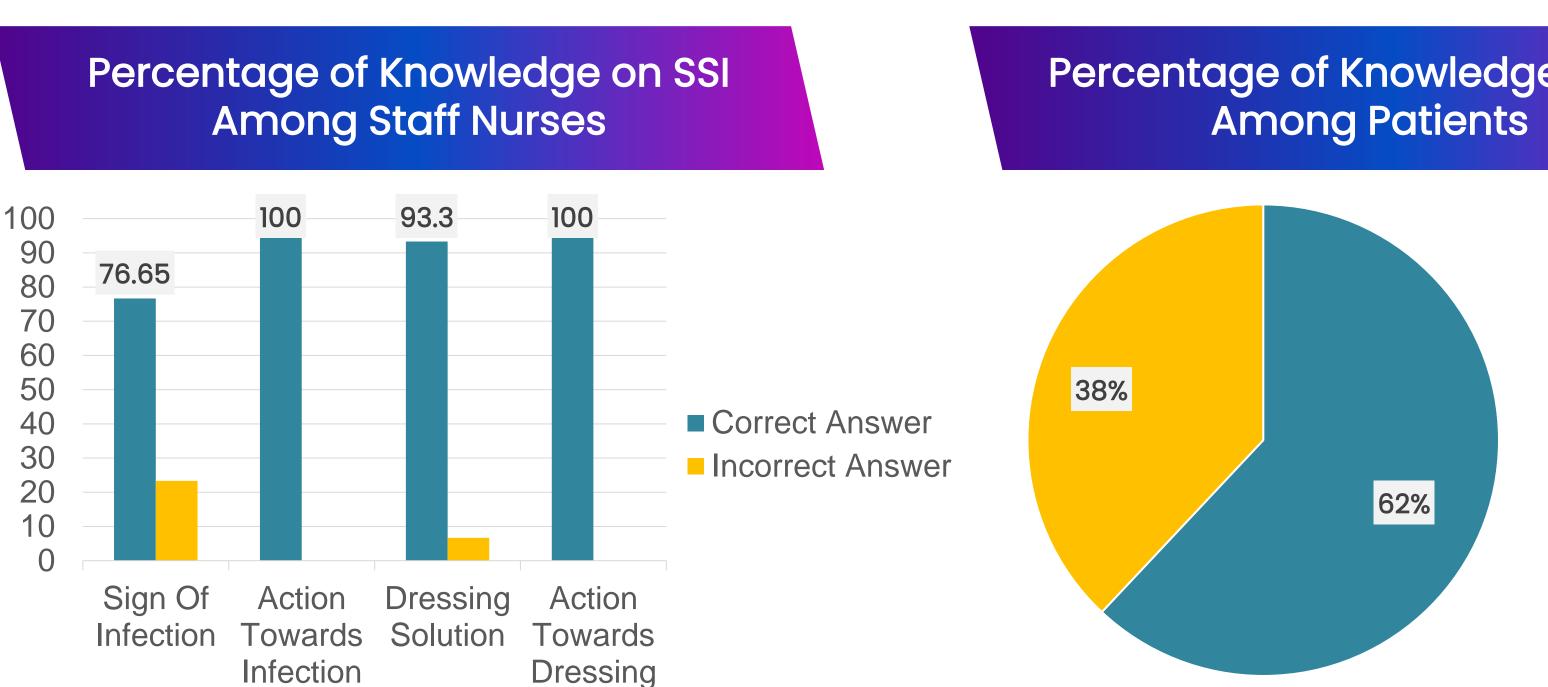


## **Data Analysis:** Determining Contributing Factors

### Percentage of Knowledge on SSI Among Doctors



## Data Analysis: **Determining Contributing Factors**

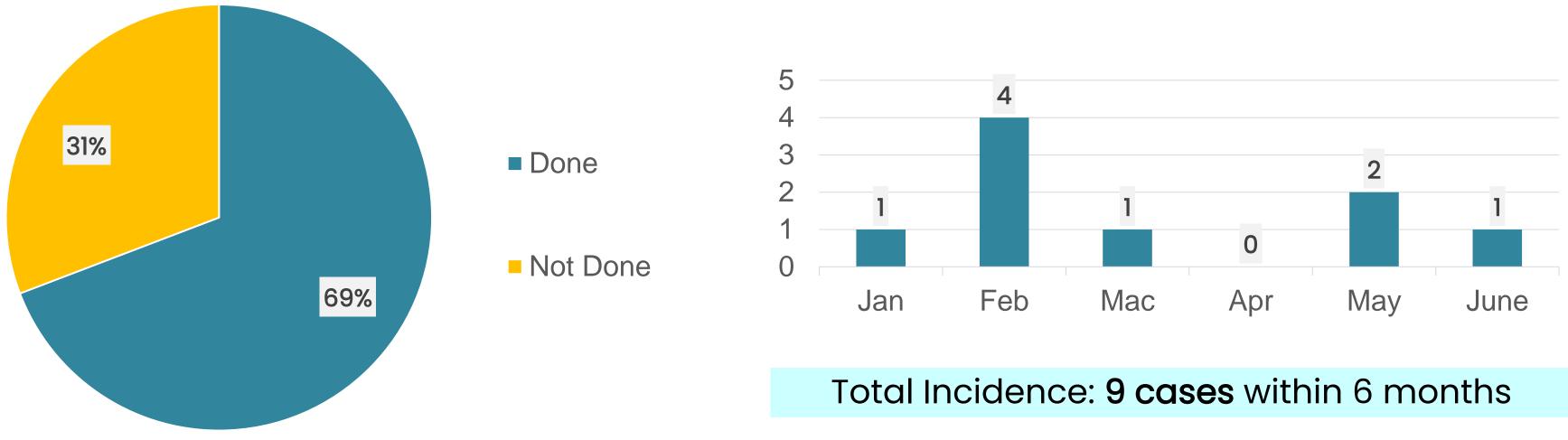


# Percentage of Knowledge on SSI

Correct answer Incorrect answer

## **Data Analysis: Determining Contributing Factors**





Incidence of high OT Humidity & **Temperature Jan-June 2019** 

No.	Process	Criteria	Standard	Pre-Remedial
1	Prepare patient for operation	<ul> <li>All patients should be fit and optimized for surgery:</li> <li>General condition</li> <li>Blood results</li> <li>All patients must have written consent for surgery</li> </ul>	100%	100%
2	Pre-op round	<ul> <li>Pre-op skin assessment must be done 12 hours prior surgery</li> <li>All patients on POP need to be bivalve</li> <li>Skin must be free from severe bruise, swelling or skin infection</li> </ul>	100%	69.2%
3	Prescribe prophylaxis antibiotics	<ul> <li>All patients must be prescribed with prophylaxis antibiotics according to antibiotic guidelines</li> </ul>	100%	100%

## Data Analysis: Conformation to MOGC



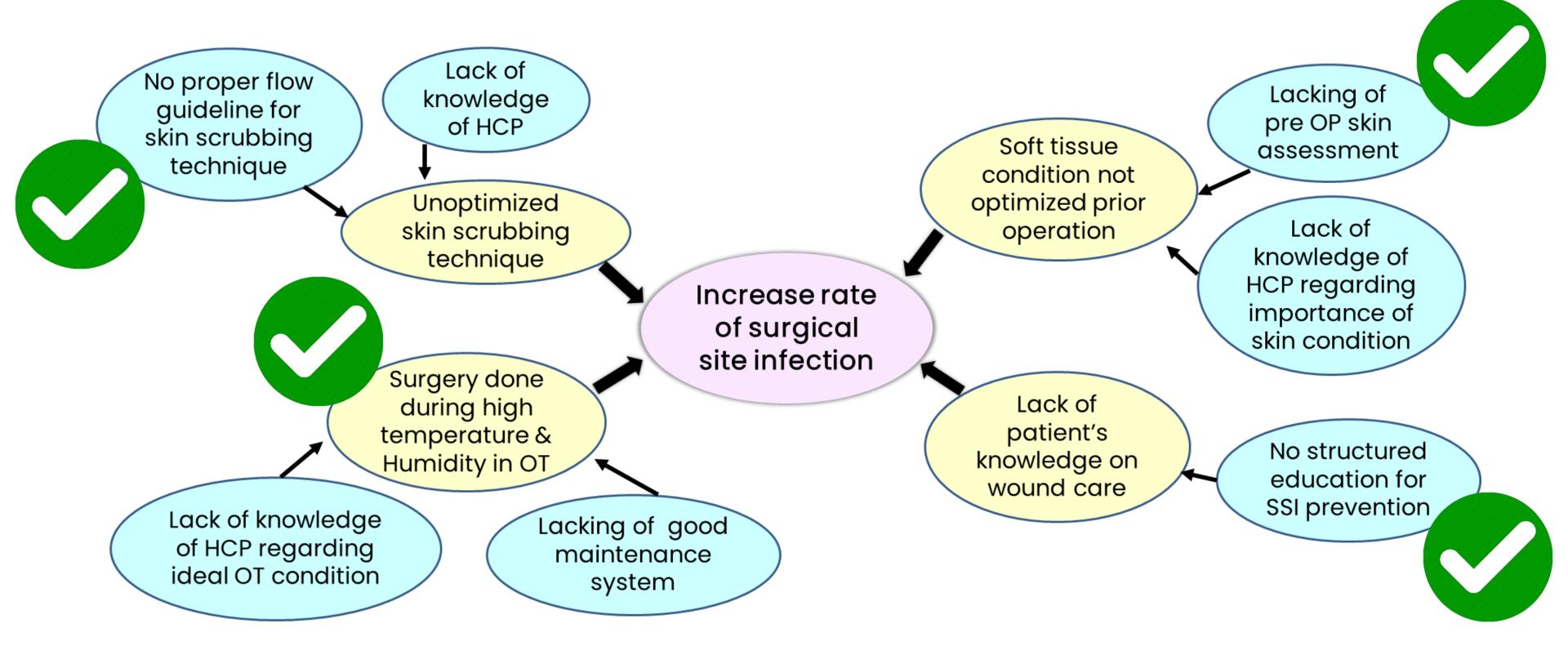
No.	Process	Criteria	Standard	Pre-Remedial
4	Ensure normal operation theatre (OT) temperature and humidity	<ul> <li>All operation theatre should fulfill the following conditions:</li> <li>Temperature range: 18 - 22 degree Celsius</li> <li>Humidity range: 55 - 60%</li> </ul>	100%	97%
5	Skin scrubbing	<ul> <li>All patients should have a standard similar skin scrubbing technique i.e. using chlorhexidine + povidone solution</li> </ul>	100%	0%
6	Wound education to patient prior to discharge	<ul> <li>All patients will be given education flyers on wound care</li> </ul>	100%	0%

## Data Analysis: Conformation to MOGC

# Strategies for Change

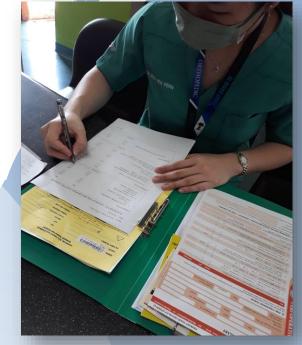






# **Remedial 1:** Peri-Operative Checklist

## **Remedial 1:** Peri-Operative Checklist



3 Sections : **Pre-operative** To be filled by medical officer who did the pre-op round

### Intra-operative To be filled by medical officer who

involved in the surgery

### Post-operative

To be filled by house officer who did the discharge summary

Factor: Unoptimized skin condition, poor skin scrubbing technique, unideal OT environment & poor wound knowledge

### PERIOPERATIVE CHECKLIST FOR ORTHOPAEDIC ELECTIVE SURGERY

PREOPERATIN	<u>VE</u>		
Fever	ENT GENERAL CONDITION r ocytosis d sugar profile <8 mmol/l	YES	
Seve Seve	TISSUE CONDITION re swelling re bruises infection/disease		
		Verified by :	
INTRAOPERA 1. PROF	<u>TIVE</u> PHYLAXIS ANTIBIOTICS GIVEN	YES	NO
(IN P	PHYLAXIS ANTIBIOTICS REDOSING GIVEN ROLONG SURGERY > 4 HOURS OR DD LOSS > 1.5 LITRE)		
Humi	ONDITION idity <60% perature <22 degree celcius		
Clear	PREPARATION ned with chlorhexidine in alcohol prior scrubbing ned with povidone iodine prior draping		
		Verified by :	
<u>POSTOPERAT</u> 1. WOU	IVE IND CARE EDUCATION PRIOR DISCHARGE	YES	NO
		Verified by :	

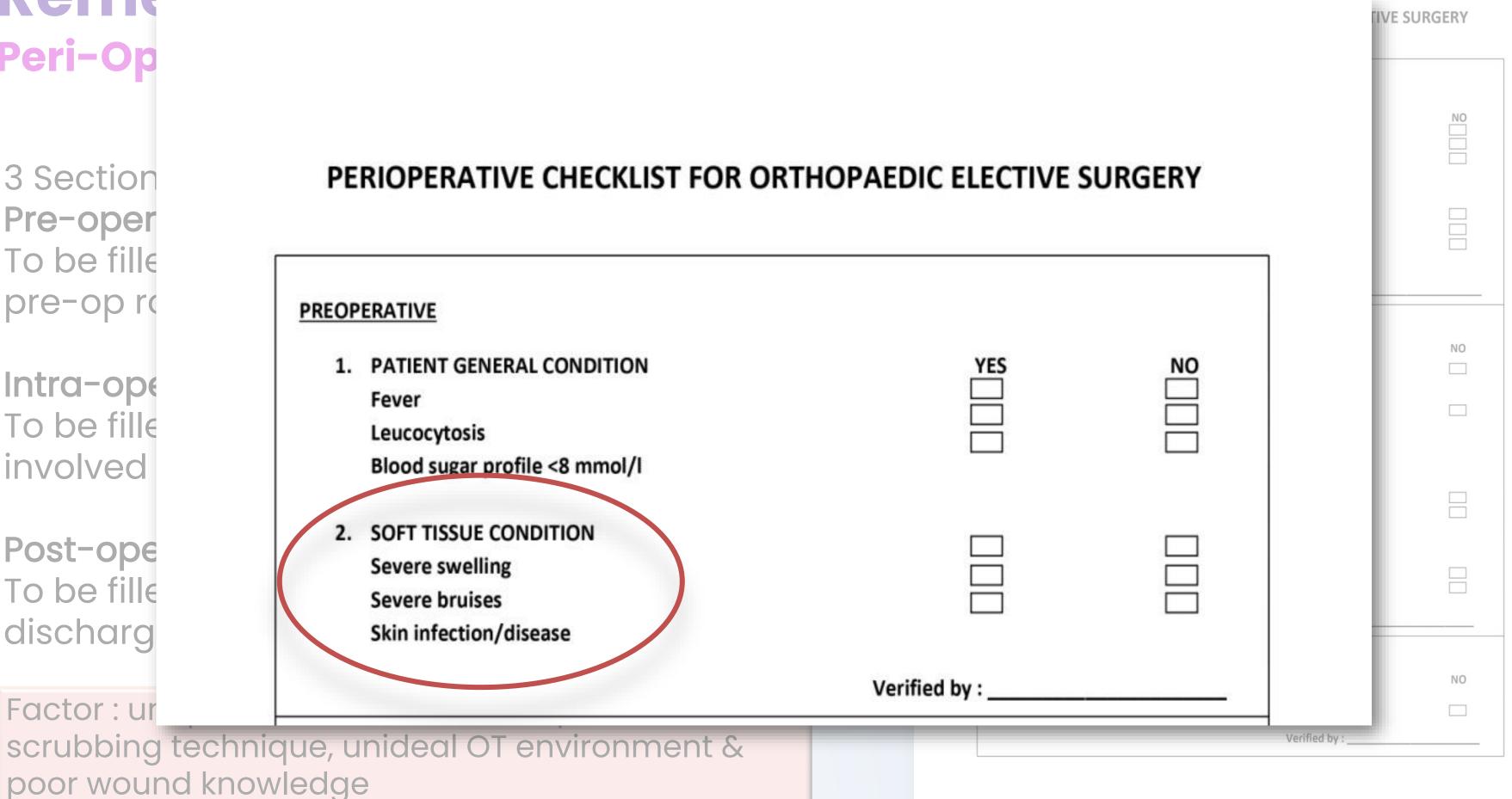


## Remedial 1. Peri-Op

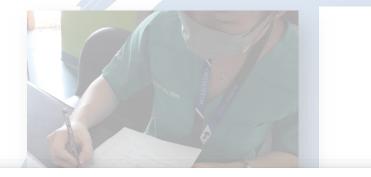
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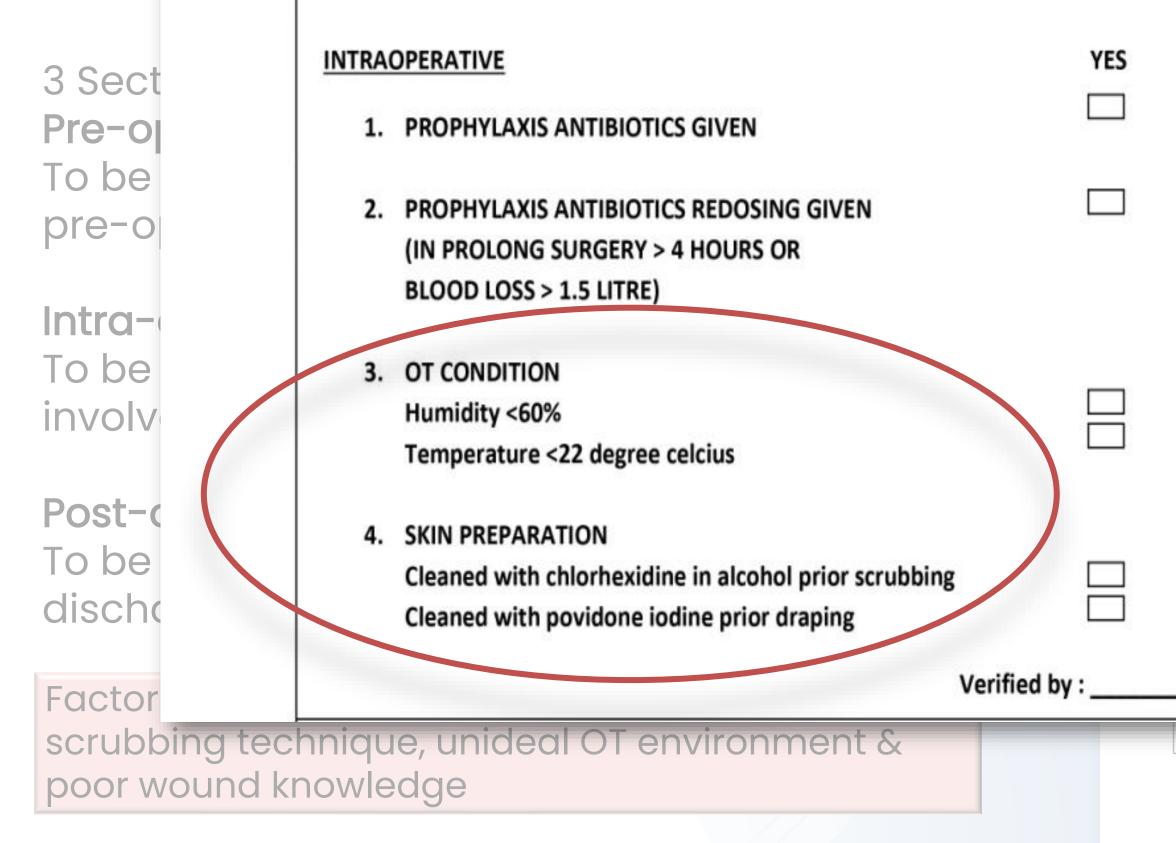
Intra-ope To be fille involved

Post-ope To be fille discharg



## Remedial 1: Peri-Operative Checklist

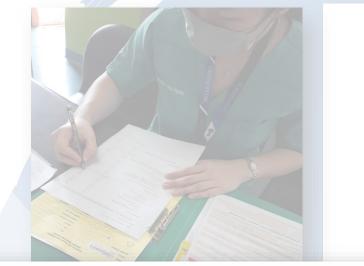


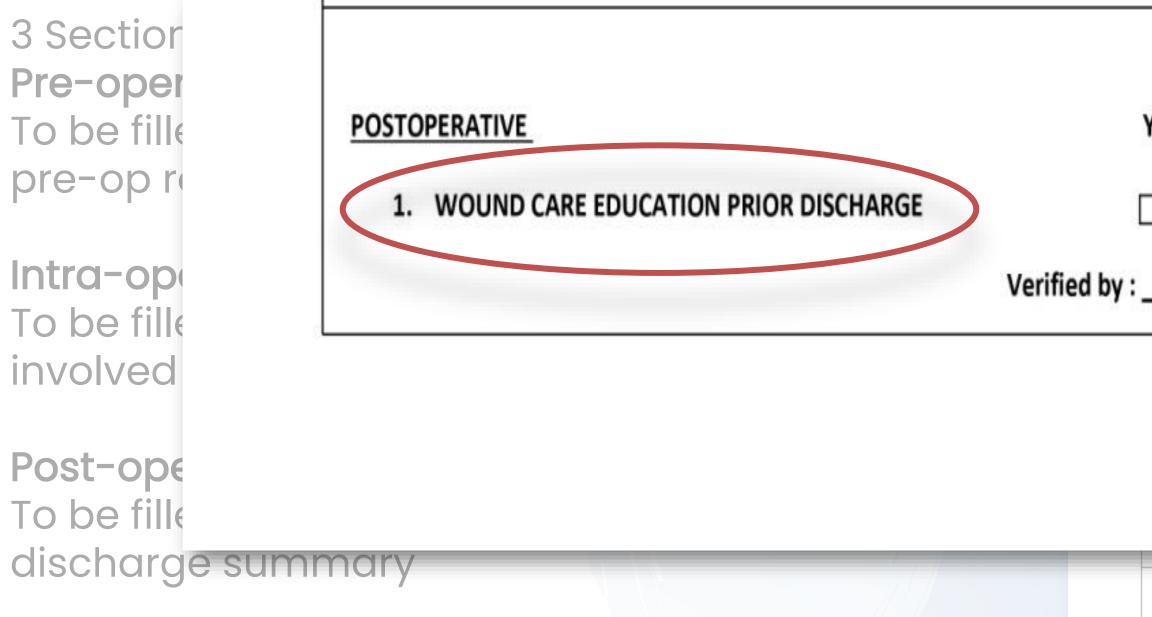


### PERIOPERATIVE CHECKLIST FOR ORTHOPAEDIC ELECTIVE SURGERY

YES	NO
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## **Remedial 1:** Peri-Operative Checklist

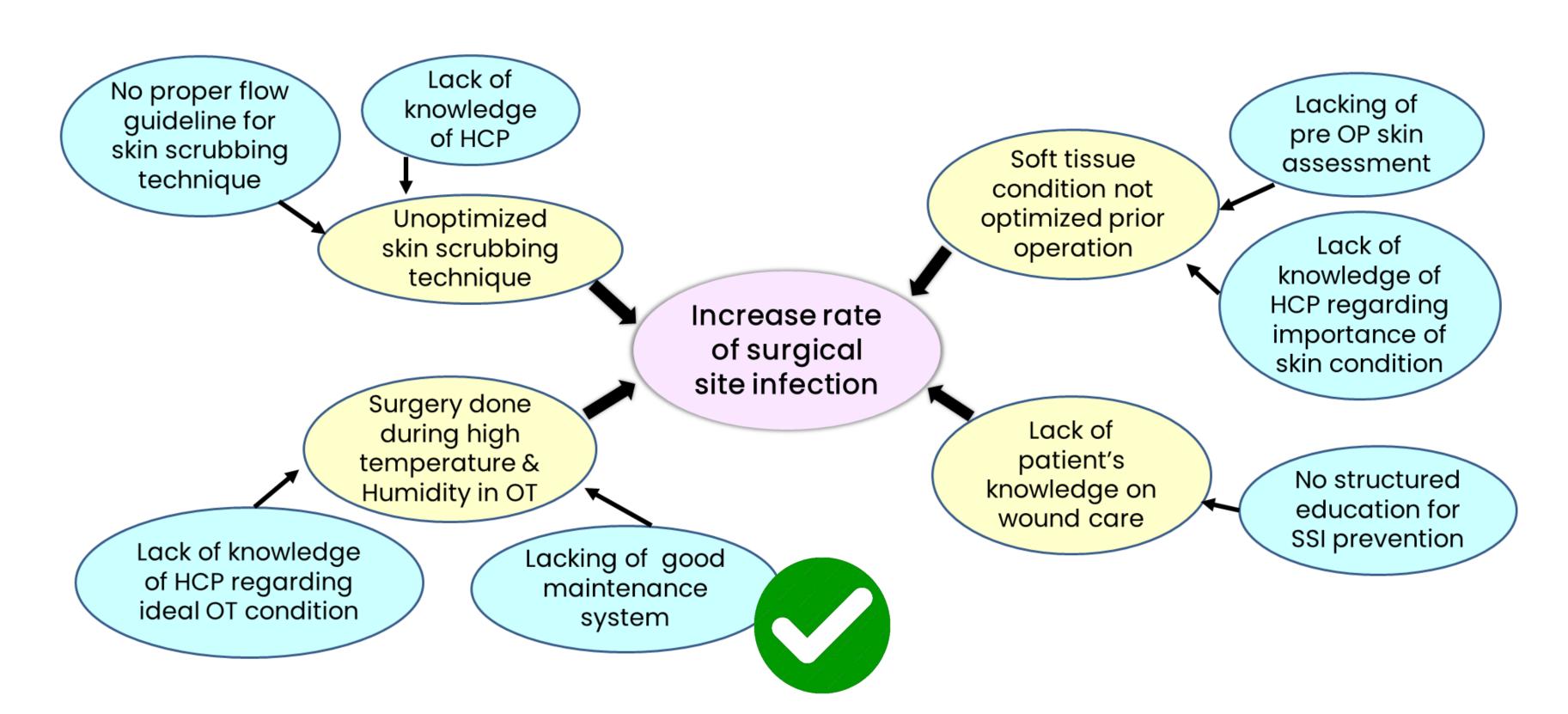




Factor : unoptimized skin condition, poor skin scrubbing technique, unideal OT environment & poor wound knowledge

### PERIOPERATIVE CHECKLIST FOR ORTHOPAEDIC ELECTIVE SURGERY

PREOPERATIVE			
1. PATIENT GENERAL CONDI Fever	TION		
/ES	NO		
			NO
		venned by	
POSTOPERATIVE		YES	NO
1. WOUND CARE EDUCATIO	N PRIOR DISCHARGE		
		Verified by :	



## **Remedial 2:** Wind Blue

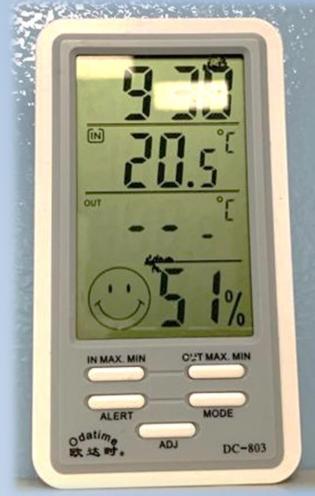
## **Remedial 2:** Wind Blue

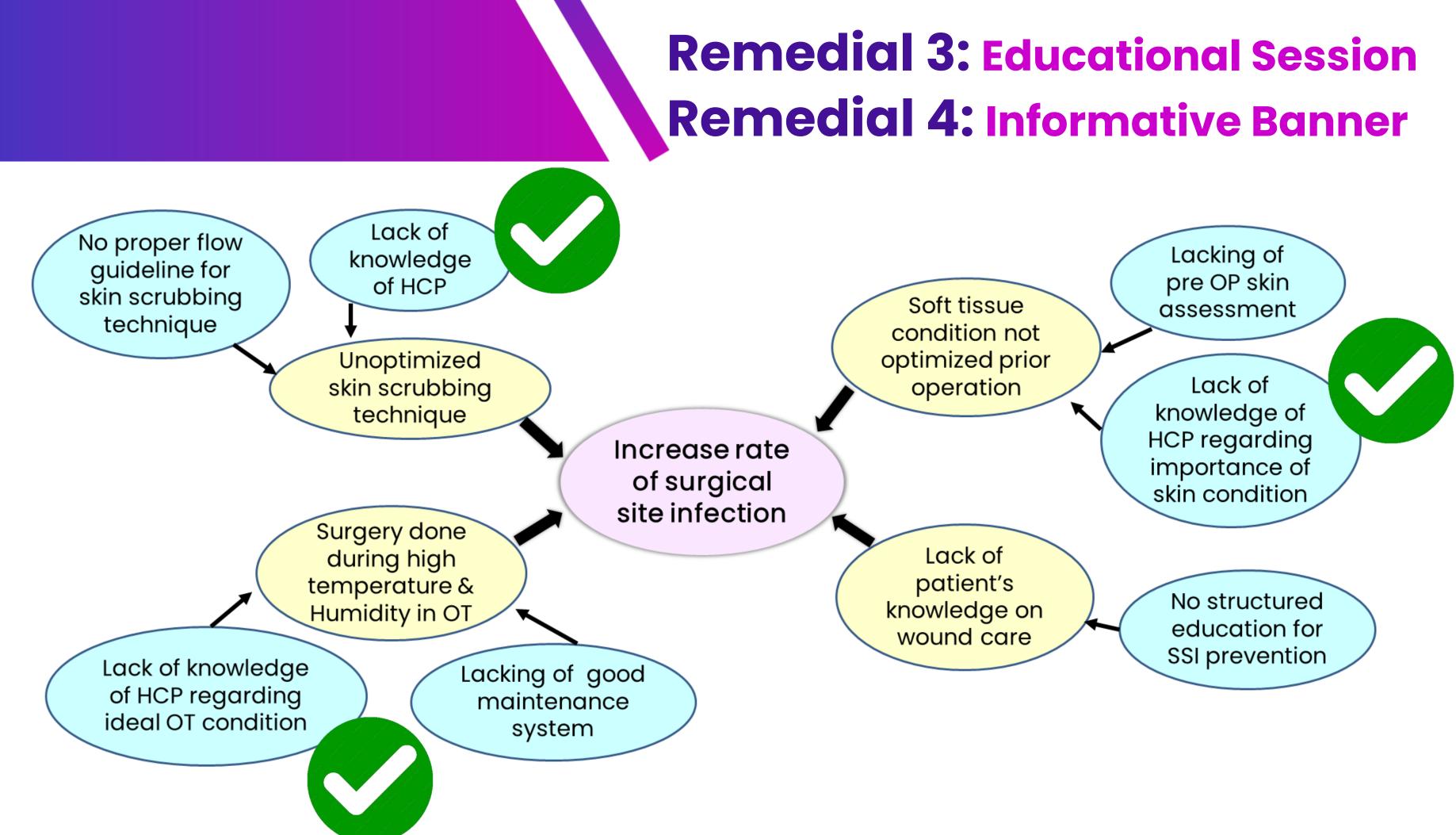
- Upgraded temperature & humidity monitoring tool
- More accurate and efficient
- Can be monitored directly by *Radicare* – can detect abnormality in system during monitoring, thus preventing incidence
- KKM approved, calibrated
- Hygrometer was used prior to remedial which has slower detection & no direct monitoring

Factor: High OT temperature & humidity



SAMSUNG





### **Remedial 3:** Educational Session

### **Online CME**

- Given to all medical officer and nurses
- 50 participants
- Objectives covered :
  - ✓ Ideal patient condition preoperative
  - ✓ Ideal OT condition intra-operative
  - ✓ Skin scrubbing technique
- Questionnaire was conducted pre and post intervention

Factor: Unoptimized skin condition, poor skin scrubbing technique, unideal OT environment



### **Remedial 4:** Informative Banner

- Continuous reminding all staff to be aware of SSI
- Thus, implementing correct SOP during daily works
- Placed at strategic area : Ward, Clinic and OT

Factor: Unoptimized skin condition, poor skin scrubbing technique, unideal OT environment



### TOGETHER WE PREVENT SURGICAL SITE INFECTION (SSI)

### **STOP INFECTIONS AFTER SURGERY**

### WHAT'S THE SOLUTION?

A range of precautions - **before, during and** after surgery - reduces the risk of infection



Ensure patients

Do not shave of patients antib

AFTER

Only use antibiotics when recommended



Surgical scrub technique: hand wash or alcohol-based handrub



Check wounds for infection and use standard dressings on primary wounds

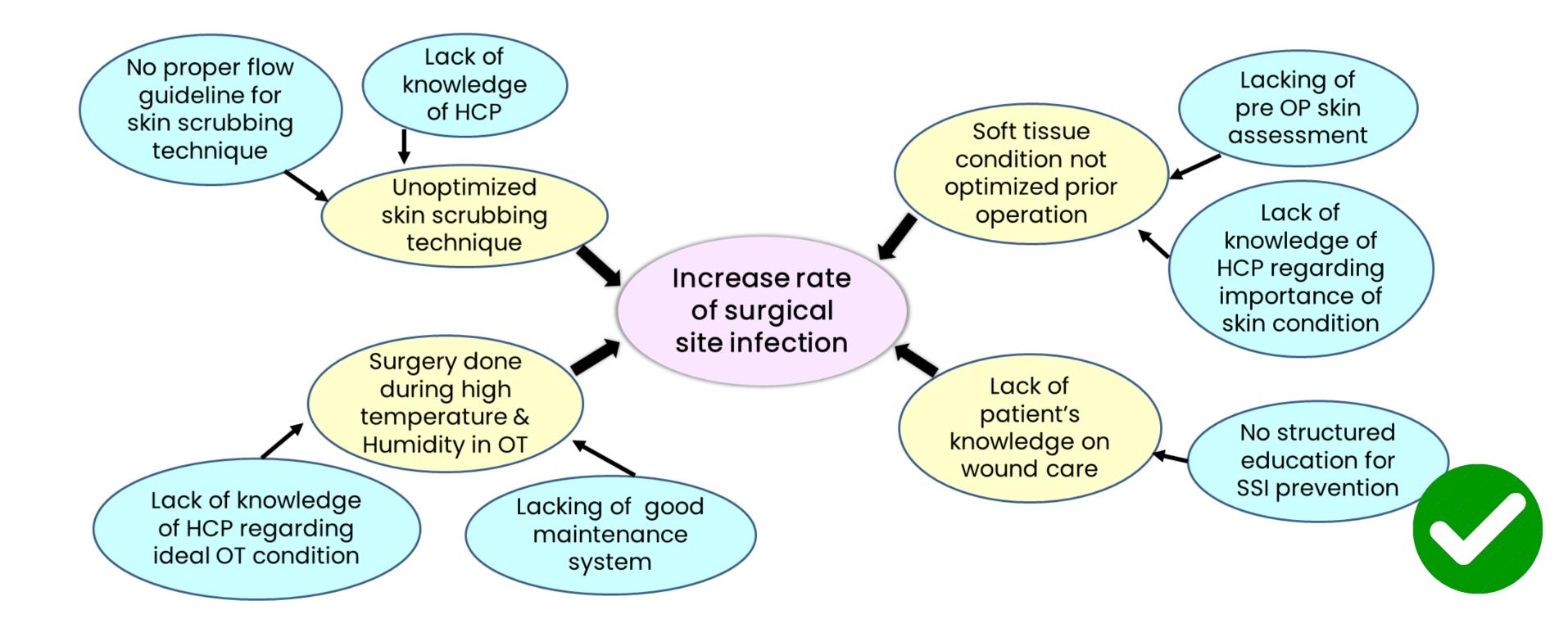
Do not continue antibiotics to prevent infection – this is unnecessary and contributes to the spread of antibiotic resistance

Limit the number of people and doors being opened

Ensure all surgical equipment is sterile and maintain asepsis throughout surgery



# Remedial 5: Interactive Videos Remedial 6: Flyers



### **Remedial 5:** Interactive Videos

- Offering illustrative explanations on SSI and wound care on huge volume of patients and caregivers
- Played in orthopedic clinic and ward

Factor : patient's knowledge on wound care



### **Remedial 6:** Flyers

- Given to patient and caregivers in ward
- To aid in understanding and retain the information
- To ensure patient following dressing care as scheduled

Factor: Patient's knowledge on wound care



- Luka kemerahan, bengkak
- Jahitan luka terbuka
- Demam yang tiada punca



Kawal bacaan gula untuk pesakit diabetes
Sentiasa pastikan luka berbalut
Melakukan cucian dan buka jahitan luka di klinik mengikut jadual





Luka sihat

Luka tidak sihat





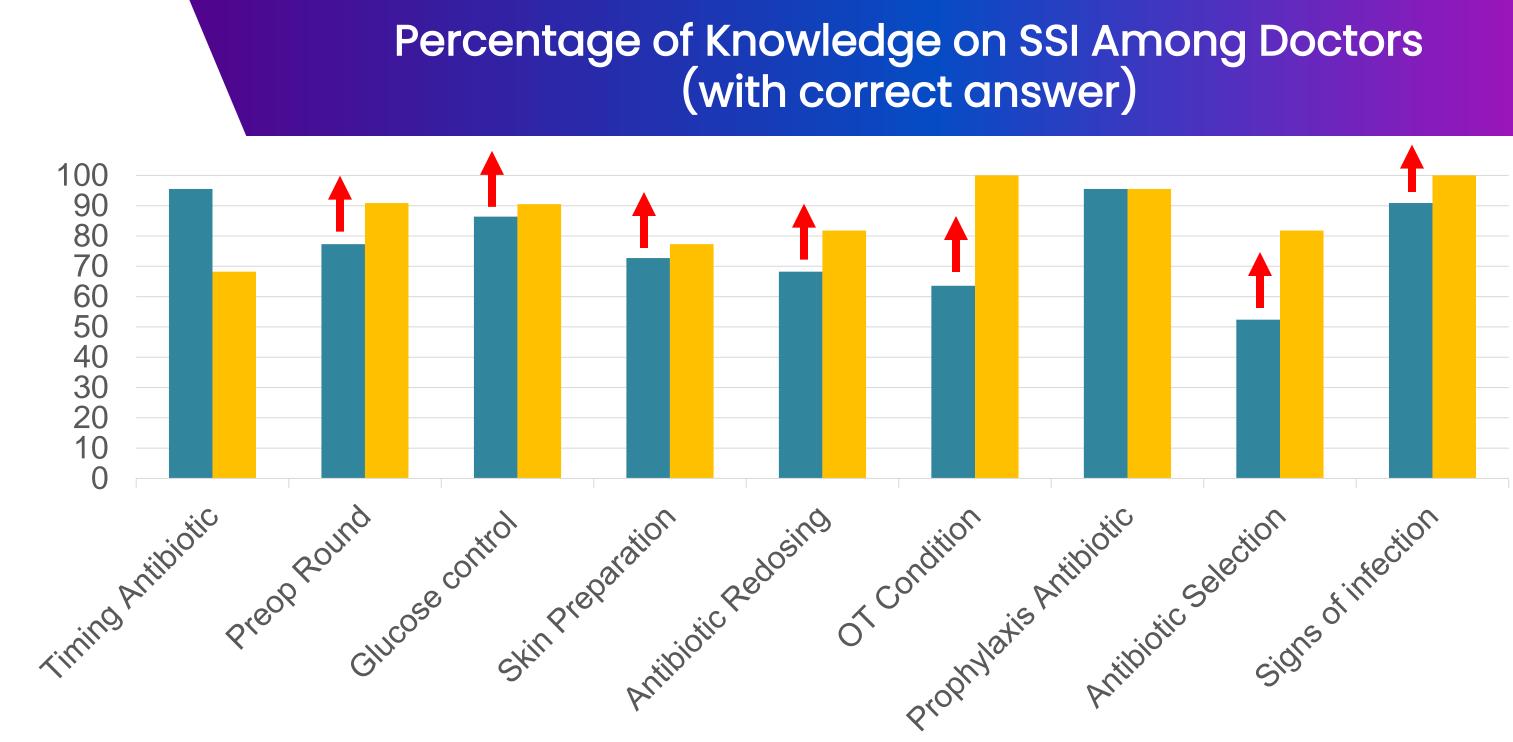
Factor	Strategies for Change				
<ol> <li>Soft tissue condition not optimized prior operation</li> </ol>	<ul> <li>✓ Perioperative checklist</li> <li>✓ Online CME</li> <li>✓ Informative banner</li> </ul>				
2. Unoptimized skin scrubbing technique	<ul> <li>✓ Perioperative checklist</li> <li>✓ Online CME</li> <li>✓ Informative banner</li> </ul>				
3. Surgery done during high temperature & humidity in OT	<ul> <li>✓ Perioperative checklist</li> <li>✓ Online CME</li> <li>✓ Informative banner</li> <li>✓ Wind Blue</li> </ul>				
4. Lack of patient's knowledge on wound care	<ul> <li>✓ Perioperative checklist</li> <li>✓ Interactive videos</li> <li>✓ Flyers</li> </ul>				

# Strategies for Change In Summary

# Effects of Change





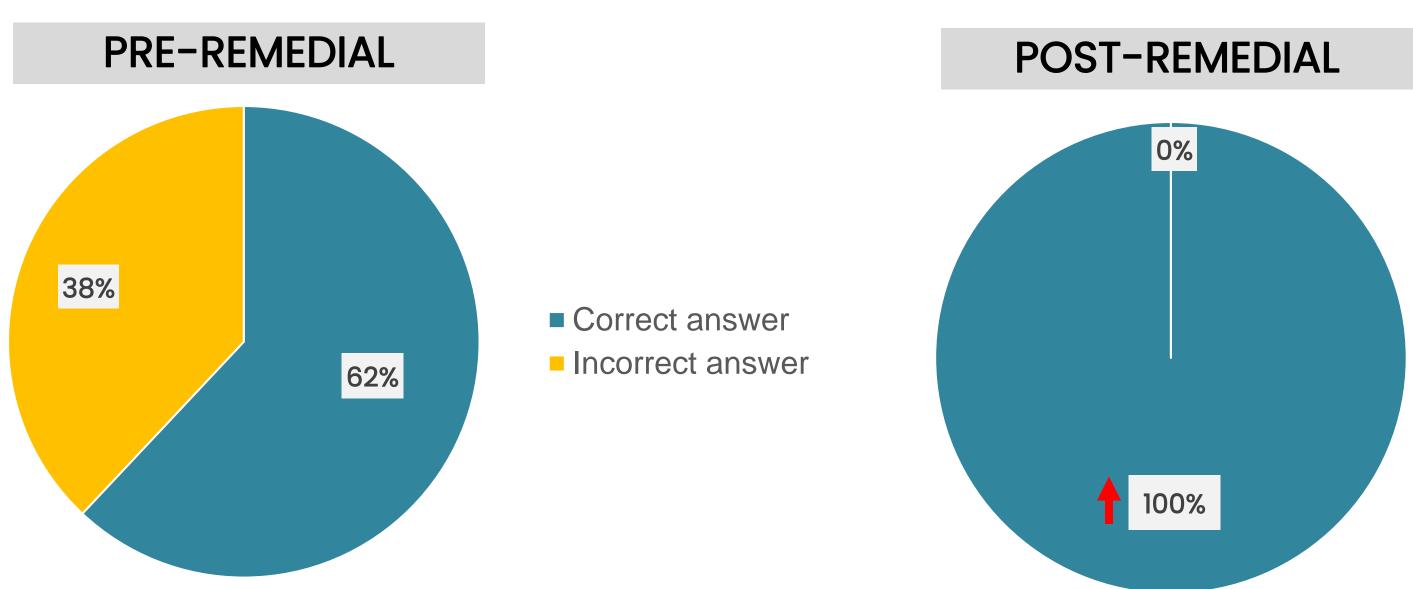


### **Effects of Change: Knowledge of SSI Among Doctors**

### Pre-Remedial Post-Remedial

### **Effects of Change: Knowledge of Wound Care Among Patients**

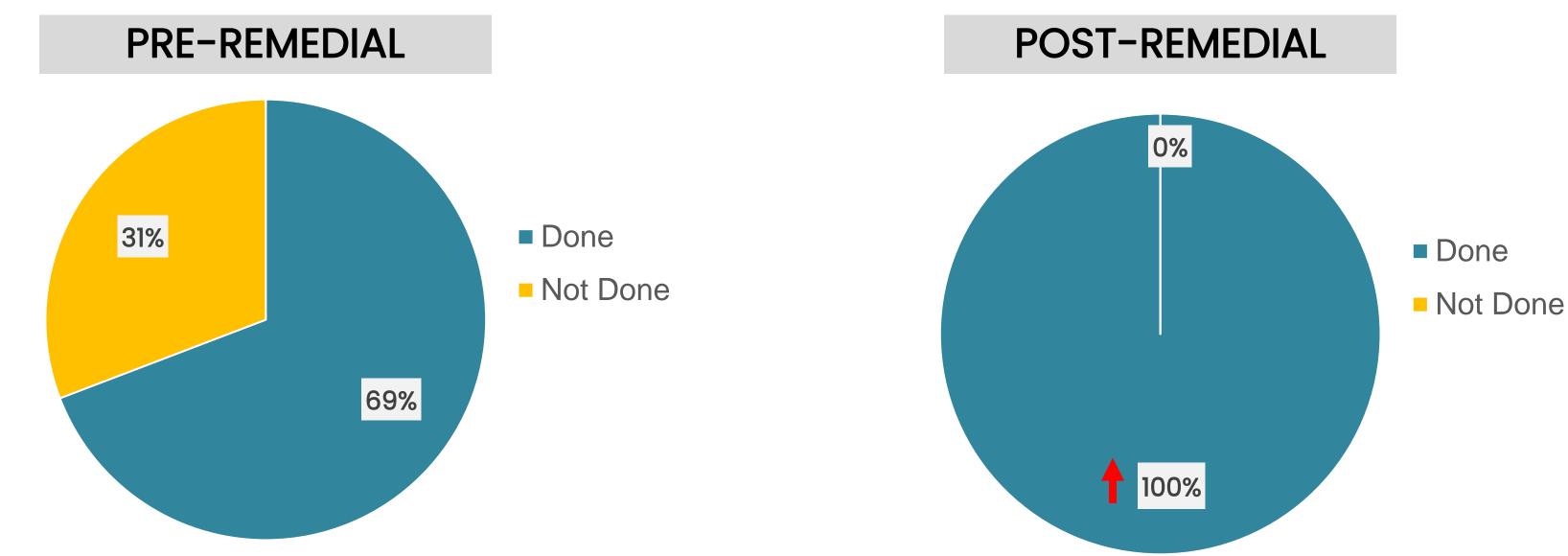
### Percentage of Knowledge on Wound Care Among Patients (with correct answer)



Correct answer Incorrect answer



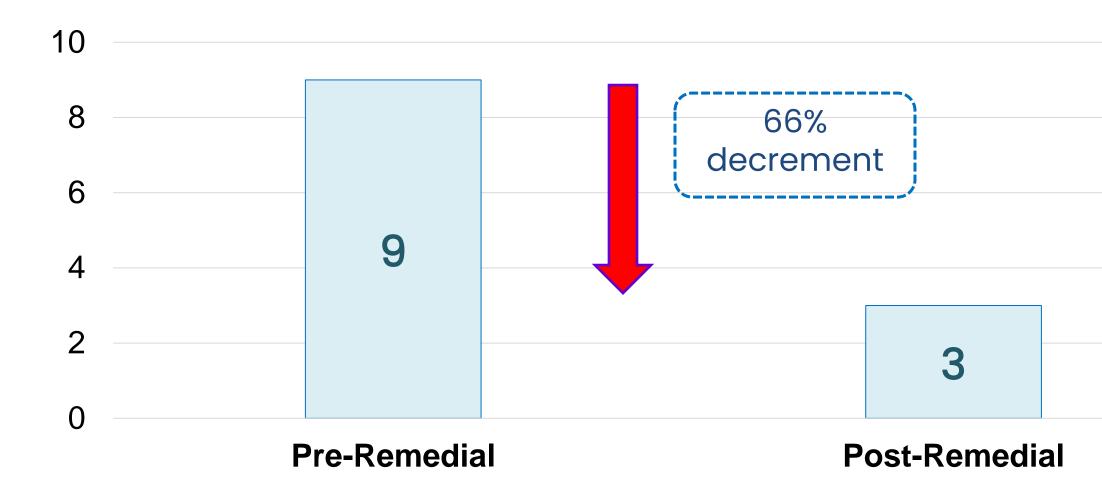
### Percentage of Pre-Op Skin Assessment Done During Pre-OP Round



### **Effects of Change: Pre-Op Skin Assessment Done During Pre-OP Round**

### **Effects of Change:** Incidence of High OT Temperature & Humidity within 6 months

### Number of incidence of High OT Temperature & Humidity



■ Number of incidence



No.	Process	Criteria	Standard	Pre- Remedial	Post- Remedial
1	Prepare patient for operation	<ul> <li>All patients should be fit and optimized for surgery: <ul> <li>General condition</li> <li>Blood results</li> </ul> </li> <li>All patients must have written consent for surgery</li> </ul>	100%	100%	100%
2	Pre-op round	<ul> <li>Pre-op skin assessment must be done 12 hours prior surgery         <ul> <li>All patients on POP need to be bivalve</li> <li>Skin must be free from severe bruise, swelling or skin infection</li> </ul> </li> </ul>	100%	69.2%	100%
3	Prescribe prophylaxis antibiotics	<ul> <li>All patients must be prescribed with prophylaxis antibiotics according to antibiotic guidelines</li> </ul>	100%	100%	100%

### **Effects of Change:** Model of Good Care

### No. Criteria Process Ensure normal All operation theatre should fulfill the operation following conditions: theatre (OT) 4 Temperature range: 18 - 22 degree Celsius temperature Humidity range: 55 – 60% and humidity All patients should have a standard skin Skin 5 scrubbing technique i.e. using chlorhexidine scrubbing + povidone solution Wound education to All patients will be given education flyers on 6 patient prior wound care to discharge

### **Effects of Change:** Model of Good Care

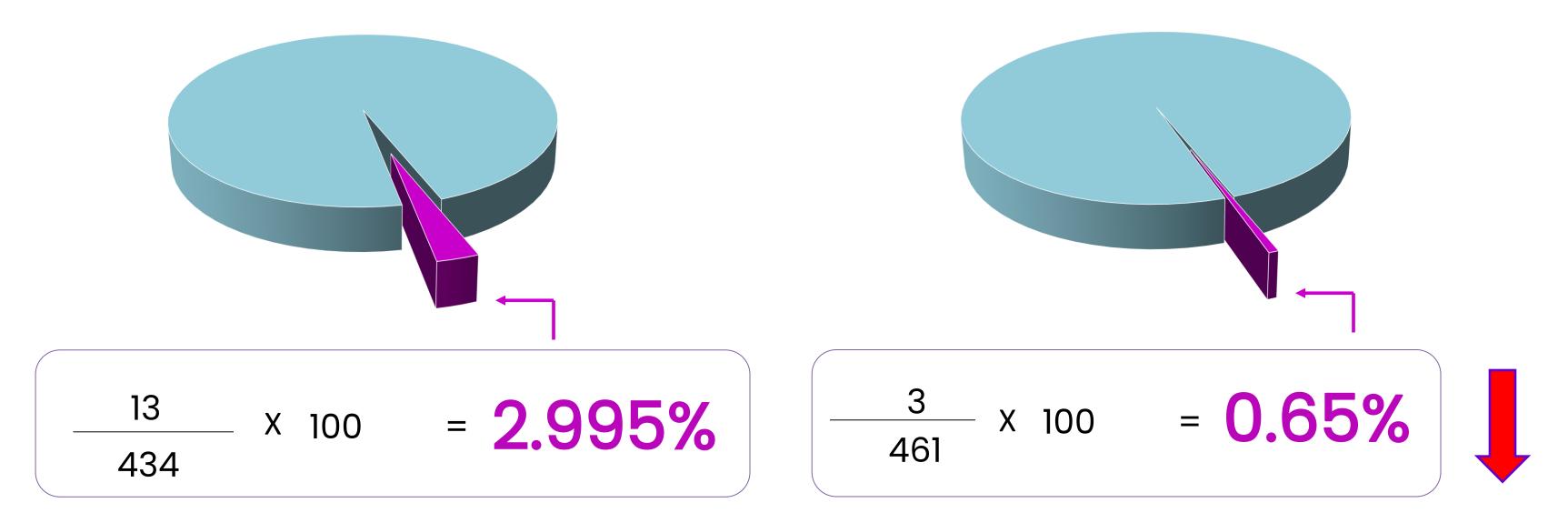




# **Effects of Change: Incidence of SSI within 6 months**

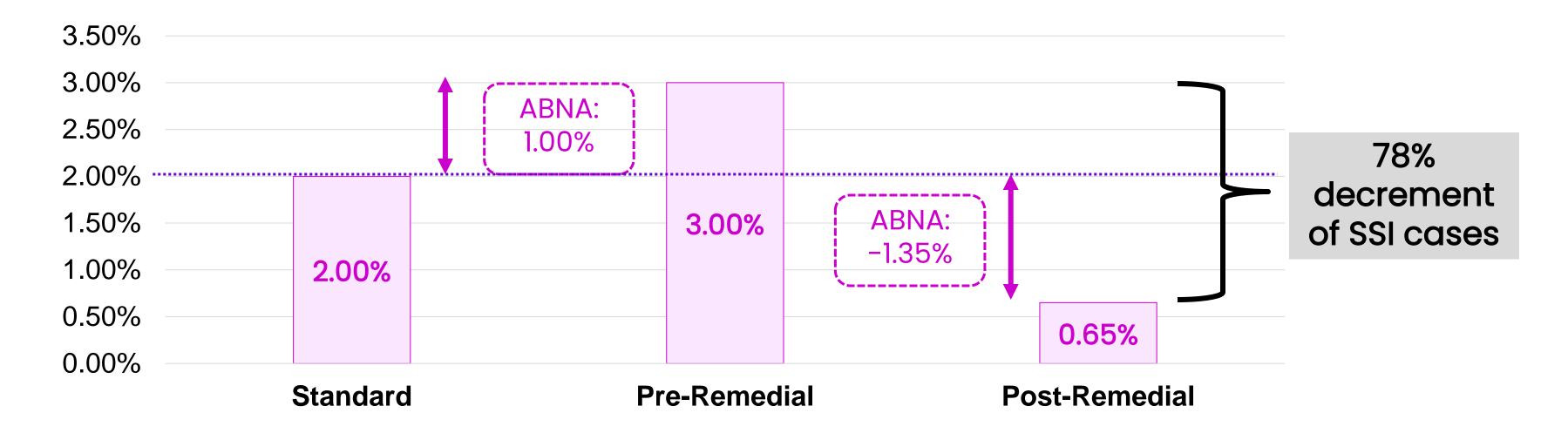
### Percentage of SSI cases in Orthopaedic Department HNSZ





### **POST-REMEDIAL**

### Percentage of Surgical Site Infection in Orthopaedic Department, HSNZ



# **Achievable Benefit Not** Achieved (ABNA)

### **Effects of Change:** Estimated Expenditure Comparison

### Average treatment cost per patient with SSI

### RM1,995.00

2

3

4

Prolong antibiotic usage
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Multiple repeated blood test

Multiple repeated surgeries

Long hospital stay

### **PRE-REMEDIAL**

# RM 25,935

(RM 1,995 x 13 patients)



# POST-REMEDIAL

# RM 5,985

(RM 1,995 x 3 patients)

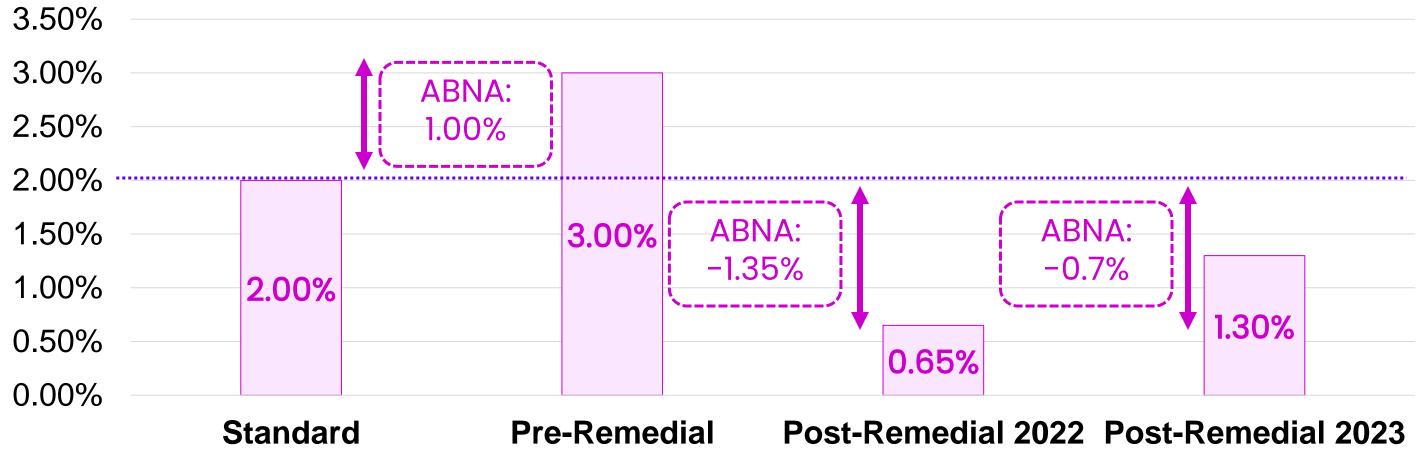
## <u>Cost Saving</u>: RM 19,950

# Sustainability





### Percentage of Surgical Site Infection in Orthopaedic Department, HSNZ



# **Achievable Benefit Not** Achieved (ABNA)



### Satisfactory survey form in using perioperative checklist (n=18)

1. Does the perioperative checklist EASE your daily work process?



2. Does the perioperative checklist is **READILY ACCESIBLE** to all orthopedic staff?



3. Do you feel the perioperative checklist form is USER FRIENDLY?

94.4%

4. Do you feel the perioperative checklist helps In **REDUCING RISK** of SSI?











The designed perioperative checklist is being implemented to hospital cluster in Terengganu including Hospital Kemaman and Hospital Besut 1



### **Hospital Kemaman**









The designed perioperative checklist is being implemented to hospital cluster in Terengganu including Hospital Kemaman and Hospital Besut 1



### **Hospital Besut**











### The education series has been enhanced to staff and patient via social media ; facebook, Tik Tok













TikTok



QR code for flyers and illustrative video has been created and placed to the bedside in ward and clinic to make it more accessible



### **Bedside ward**



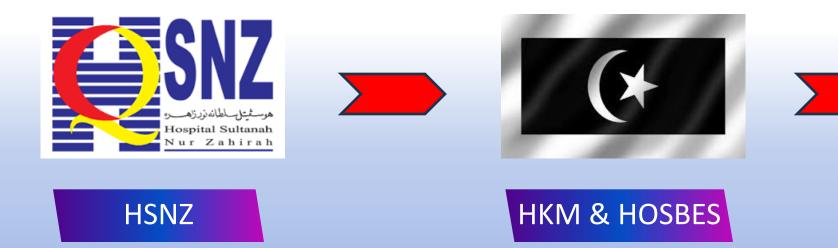




Continuing to monitor the work process through regular audit



To share the remedial actions and experiences with other hospitals in the country and to expand the study to national level









**ALL HOSPITALS IN COUNTRY** 

# Conclusion



Pre-remedial data showed that almost 3% incidence of surgical site infection in orthopedic elective surgery in HSNZ



The contributing factors to this problem includes unoptimized soft tissue condition and skin scrubbing technique prior surgery, lack of patient's knowledge and unoptimized OT temperature and humidity



Strategies formulated include perioperative checklist, upgraded temperature and humidity monitoring tool, educational series to staff and patient through CME, flyers, banner and interactive video



Post-remedial, percentage of SSI incidence successfully reduced from 3% to 0.65% with cost saving up to RM 19,950



G	ANTT	CHA	RT		Plann	ed	Actual		
Time	Person in charge	Jun 2020	July 2020	August 2020	September 2020	October 2020 till March 2022	April 2022	May 2022	
Committee establishment	Group Leader								
Brainstorming and problem selection	All members								
Verification study & problem analysis	All members								
Remedial action mplementation	All members								
Re-evaluation study	All members								
Discussion/ presentation	All members								

# Referrences

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### 12<sup>th</sup> QA Convention

# **Thank You** For Your Attention



